

Official Result Certificate

Certificate reference: SUB-116-236

This is to certify that

Jon Benstead

Ryston Runners

completed the

2018 - Hughes Sublime Swaffham 10K

Swaffham · Sunday 20th May 2018

OFFICIAL CHIP TIME

01:06:59.0

Gun time	01:07:31.8
Overall position	193rd of 244 finishers
Gender position	116th (Male)
Category position	17th (MV50)
Bib number	236

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 09:58, 20/05/2018) at SUB race 116. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/116/result/319/236>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 236).