

Official Result Certificate

Certificate reference: SUB-139-105

This is to certify that

Digby Frammingham

West Norfolk AC

completed the

2023 - Houghton Hall Cross Country (3k, 6k & 5m)

King's Lynn · Sunday 5th November 2023

OFFICIAL CHIP TIME

00:39:50.2

Gun time	00:39:53.6
Overall position	14th of 65 finishers
Gender position	13th (Male)
Category position	7th (MV)
Bib number	105

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 5 Miles (start 11:00, 05/11/2023) at SUB race 139. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/139/result/355/105>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (5 Miles, bib 105).