Sublime TIMING

CHIP TIMING · RACE RESULTS · sublimetiming.com

Official Result Certificate

Certificate reference: SUB-139-44

This is to certify that

Lana Hayes

Ryston Runners

completed the

2023 - Houghton Hall Cross Country (3k, 6k & 5m)

King's Lynn · Sunday 5th November 2023

OFFICIAL CHIP TIME

00:48:50.0

Gun time	**00:48:58.7**
Overall position	**47th of 65 finishers**
Gender position	**11th (Female)**
Category position	**7th (FSEN)**
Bib number	**44**

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 5 Miles (start 11:00, 05/11/2023) at SUB race 139. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: https://entries.sublimetiming.com/raceresults/139/result/355/44

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (5 Miles, bib 44).