

Official Result Certificate

Certificate reference: SUB-160-56

This is to certify that

James Follis

completed the

2026 - Winwick Hall Trail Races 5K & 10K

Winwick Manor · Sunday 19th July 2026

OFFICIAL CHIP TIME

00:52:16.8

Gun time	00:52:20.1
Overall position	24th of 149 finishers
Gender position	21st (Male)
Category position	7th (MV40)
Bib number	56

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 09:34, 19/07/2026) at SUB race 160. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/160/result/386/56>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 56).