

Official Result Certificate

Certificate reference: SUB-174-63

This is to certify that

Helen Karreman

Lynnsport Ladybirds

completed the

2022 - George Munday 10k

Leverington · Sunday 13th November 2022

OFFICIAL CHIP TIME

01:02:59.9

Gun time	01:03:18.4
Overall position	210th of 271 finishers
Gender position	76th (Female)
Category position	7th (FV55)
Bib number	63

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 11:06, 13/11/2022) at SUB race 174. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/174/result/410/63>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 63).