

Official Result Certificate

Certificate reference: SUB-177-105

This is to certify that

Rex Constance

Triharman Norfolk Tri Club

completed the

2025 - Stody Trail Run 4K, 8K & 12K

Stody · Sunday 2nd March 2025

OFFICIAL TIME

00:20:57.4

Overall position	11th of 64 finishers
Gender position	9th (Male)
Category position	5th (MU14)
Bib number	105

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 4K (start 09:39, 02/03/2025) at SUB race 177. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/177/result/417/105>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (4K, bib 105).