

Official Result Certificate

Certificate reference: SUB-180-161

This is to certify that

Lawrence Matthews

RENEGADE RUNNERS

completed the

2019 - Sublime Swaffham 10k

Swaffham · Sunday 19th May 2019

OFFICIAL CHIP TIME

01:02:55.4

Gun time	01:03:21.4
Overall position	213th of 281 finishers
Gender position	137th (Male)
Category position	25th (MV55)
Bib number	161

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 09:59, 19/05/2019) at SUB race 180. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/180/result/421/161>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 161).