Sublime TIMING

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Official Result Certificate

Certificate reference: SUB-180-185

This is to certify that

Matt Rowland

completed the

2019 - Sublime Swaffham 10k

Swaffham · Sunday 19th May 2019

OFFICIAL CHIP TIME

01:03:00.5

Gun time	**01:03:29.8**
Overall position	**215th of 281 finishers**
Gender position	**139th (Male)**
Category position	**20th (MV45)**
Bib number	**185**

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 09:59, 19/05/2019) at SUB race 180. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: https://entries.sublimetiming.com/raceresults/180/result/421/185

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 185).