

Official Result Certificate

Certificate reference: SUB-195-382

This is to certify that

Kareana Symonds

Dereham Runners & AC

completed the

2026 - Fakenham 5K

Norwich · Sunday 5th April 2026

OFFICIAL CHIP TIME

00:21:51.4

Gun time	00:21:51.4
Overall position	76th of 309 finishers
Gender position	11th (Female)
Category position	2nd (FV45)
Bib number	382

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 5K (start 10:30, 05/04/2026) at SUB race 195. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/195/result/446/382>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (5K, bib 382).