Sublime TIMING

CHIP TIMING · RACE RESULTS · sublimetiming.com

Official Result Certificate

Certificate reference: SUB-203-339

This is to certify that

Helene Upchurch

THORNEY RUNNING CLUB

completed the

2019 - Long Sutton Spring 10K

Long Sutton · Sunday 17th March 2019

OFFICIAL CHIP TIME

00:56:50.5

Gun time	**00:57:03.3**
Overall position	**165th of 356 finishers**
Gender position	**48th (Female)**
Category position	**11th (FV45)**
Bib number	**339**

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 10:00, 17/03/2019) at SUB race 203. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: https://entries.sublimetiming.com/raceresults/203/result/459/339

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 339).