

## Official Result Certificate

Certificate reference: SUB-208-597

*This is to certify that*

**Helen Tipping**

completed the

**2023 - Shelford 5k**

Great Shelford · Sunday 10th September 2023

OFFICIAL CHIP TIME

**00:34:55.5**

|                   |                               |
|-------------------|-------------------------------|
| Gun time          | <b>00:35:23.8</b>             |
| Overall position  | <b>243rd of 376 finishers</b> |
| Gender position   | <b>86th (Female)</b>          |
| Category position | <b>4th (FV50)</b>             |
| Bib number        | <b>597</b>                    |

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 5K (start 10:32, 10/09/2023) at SUB race 208. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

*Martin Jennings*

**Martin Jennings**

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/208/result/464/597>

Enquiries: [info@sublimetiming.com](mailto:info@sublimetiming.com)

*This certificate can be verified against the official results page above (5K, bib 597).*