

Official Result Certificate

Certificate reference: SUB-217-54

This is to certify that

Rob Amis

completed the

2019 - Long Sutton Autumn 10k (Advance Performance)

Long Sutton · Sunday 17th November 2019

OFFICIAL CHIP TIME

01:00:49.3

Gun time	01:02:00.5
Overall position	363rd of 496 finishers
Gender position	217th (Male)
Category position	39th (MV45)
Bib number	54

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 09:46, 17/11/2019) at SUB race 217. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/217/result/474/54>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 54).