

Official Result Certificate

Certificate reference: SUB-225-154

This is to certify that

Craig Upson

Norwich Road Runners

completed the

2023 - Valentine's 10k

Easton · Sunday 12th February 2023

OFFICIAL CHIP TIME

00:37:57.0

Gun time	00:38:04.0
Overall position	62nd of 871 finishers
Gender position	55th (Male)
Category position	33rd (MSEN)
Bib number	154

This is an official result recorded by **Sublime Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10K (start 10:10, 12/02/2023) at SUB race 225. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

1st November 2026

Martin Jennings

Martin Jennings

Signed on behalf of Sublime Timing

Official results: <https://entries.sublimetiming.com/raceresults/225/result/483/154>

Enquiries: info@sublimetiming.com

This certificate can be verified against the official results page above (10K, bib 154).